

# MARCH BREAK CAMP 2024



This March your child will not only gain the benefits of martial arts, they will take part in fun activities everyday! There will be Taekwondo training, life skills, street self-defence classes, gymnastics, patterns, weapons and more!

CHILDREN MUST BRING OWN LUNCH AND SNACKS.

## DAILY SCHEDULE

8:00 - 9:00 AM	ARRIVAL
9:00 - 9:30 AM	CARDIO TRAINING
9:30 - 10:00 AM	PATTERN TRAINING
10:00 - 12:00 PM	MOVIE
12:00 - 1:00 PM	LUNCH/GAMES
1:00 - 2:00 PM	WORKBOOK
2:00 - 3:00 PM	TECHNIQUE CLASS
3:00 - 4:00 PM	FREE PLAY
4:00 - 5:00 PM	PARKOUR/GYMNASTICS
5:00 - 6:00 PM	PICK UP

**EARLY BIRD SPECIAL : SIGN UP BY MARCH 1ST FOR 1 WEEK FOR ONLY \$250 PLUS TAX.**

## DAILY

**MEMBERS \$70 NON-MEMBERS \$80**

## FULL WEEK

**MEMBERS \$300  
NON-MEMBERS \$350  
PLUS HST**

- MARCH 11<sup>TH</sup> MONDAY
- MARCH 12<sup>TH</sup> TUESDAY
- MARCH 13<sup>TH</sup> WEDNESDAY
- MARCH 14<sup>TH</sup> THURSDAY
- MARCH 15<sup>TH</sup> FRIDAY

## FAMILY DISCOUNT :

2ND MEMBER -10%  
3RD MEMBER - 20% AND SOON

STUDENT : \_\_\_\_\_

AGE : \_\_\_\_\_ SEX : M  F

ADDRESS : \_\_\_\_\_

CITY : \_\_\_\_\_ POSTAL CODE : \_\_\_\_\_ E-MAIL : \_\_\_\_\_

NAME OF PARENTS : \_\_\_\_\_

WORK TELEPHONE : \_\_\_\_\_ HOME TELEPHONE : \_\_\_\_\_

EMERGENCY TELEPHONE : \_\_\_\_\_

PICK-UP GUARDIANS (IF NOT PARENTS) : \_\_\_\_\_

MEDICAL CONDITIONS (ALLERGIES) : \_\_\_\_\_

HEALTH CARD #: \_\_\_\_\_

I hereby submit my application for registration of my child for the March Break Camp. I agree to waive any claims against anyone connected to the Camp for any injuries that my child sustains during events. I also understand that photos may be taken and used for promotional purposes without compensation.

PARENT'S NAME: \_\_\_\_\_ SIGNATURE : \_\_\_\_\_ DATE: \_\_\_\_\_

PAYMENT AMOUNT : \_\_\_\_\_ DAYS REGISTERED : M  T  W  T  F